

Comagine Health

Chronic Disease Self-Management Education Program Grantee



Goals

The overall purposes of this 3-year grant are to:

- **Goal 1:** Develop or expand capacity to significantly increase the number of older adults and adults with disabilities, particularly those in underserved areas/populations, who participate in evidence-based chronic disease self-management education and self-management support programs to empower them to better manage their chronic conditions.
- **Goal 2:** Enhance the sustainability of evidence-based chronic disease self-management education and self-management support programs through the implementation of robust sustainability strategies.

Strategies and Activities

Comagine Health and its partners will:

- Collaborate with Quality and Technical Assistance Center (QTAC) and Access to

Healthcare (AHC) to assess infrastructure gaps, convene partners, develop partnership agreements, and implement a business plan.

- Establish and test a technology plan to support backbone needs of CDSME delivery partners.
- Increase access to English, Spanish, and virtual programs for older adults with chronic conditions.
- Build health plan buy-in to invest in CDSME programs and secure financially advantageous cross-sector partnerships
- Build health plan buy-in to invest in CDSME programs and secure financially advantageous cross-sector partnerships and agreements with health plans and other backbone funders to increase sustainability.

Proposed Interventions

- Chronic Disease Self-Management Program (CDSMP)
- Chronic Pain Self-Management Program (CPSMP)
- Diabetes Self-Management Program (DSMP)

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- Enhanced Fitness
- Programa de Manejo Personal de la Diabetes
- Tomando Control de su Salud
- Walk With Ease Self-Directed (WWE)

Partnerships

To achieve the goals of the grant, Comagine Health will collaborate with the following key partners:

- Access to Healthcare
- Aging and Disability Services
- Nevada Division of Public and Behavioral Health
- Healthy Nevada Quality Technical Assistance Center (QTAC), Dignity Health
- Southern Nevada Health District
- Unite Nevada
- YMCA

Anticipated Results

The Comagine Health and its partners propose to achieve the following results:

- Provide in person and virtual programs that are accessible to 87% of older adults in Nevada, reaching those most in need with the system ready to scale to the rest of the state.
- An integrated data management system in place by 2024 that increases partner capacity to receive and triage referrals and manage program data.
- Enroll 700 adults in Self-Management Resource Center Programs by 2025.
- Use data to build the value proposition and develop business case for health plans and other backbone funders.

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